



Grieving Through Reading

Books to help children and teens dealing with death, loss and grief.

Children's Books

The Invisible String

By Patrice Karst

In this relatable and reassuring classic, a mother tells her two children that they're all connected by an invisible string. "That's impossible!" the children insist, but still they want to know more: "What kind of string?" The answer is the simple truth that binds us all: An Invisible String made of love. The Invisible String is the perfect tool for coping with all kinds of separation anxiety, loss, and grief.

Available for Purchase at Target, Walmart and Amazon

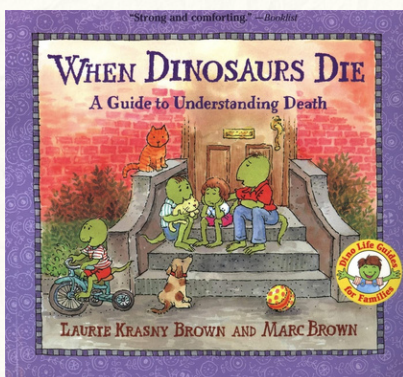


When Dinosaurs Die: A Guide to Understanding Death

By Laurie Krasny Brown

Here to offer advice and reassurance are the wise dinosaurs from the bestselling Dino Tale series. This straightforward guide helps dispel the mystery and negative ideas associated with death, providing answers to kids' most-often asked questions.

Available for Purchase at Walmart and Amazon

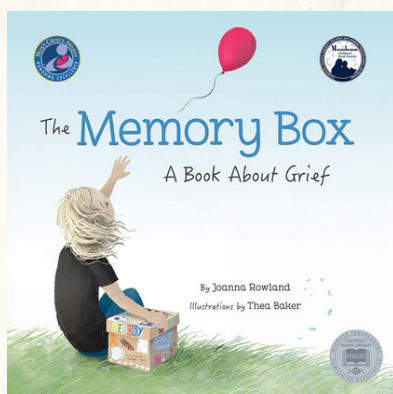


The Memory Box: A Book About Grief

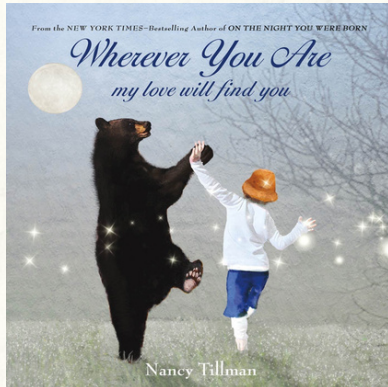
By Joanna Rowland

The main character creates a memory box to keep mementos and written memories of her loved one to help with the grieving process. Throughout the narrative, the child's feelings are acknowledged, allowed, and assured that feelings are normal and healthy to express.

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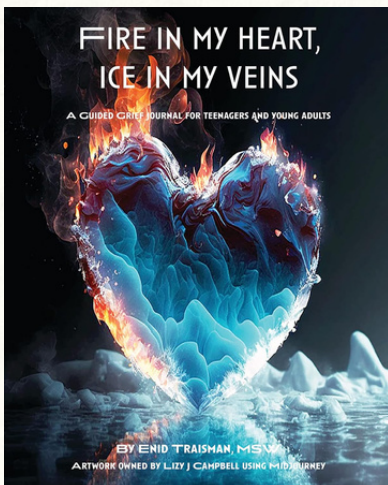
Wherever You Are My Love Will Find You

By Nancy Tillman

This book celebrates the ways in which the love between parents and children is forever. The book assures children that their love can be found wherever they go.

Available for Purchase at Target, Barnes & Nobles and Amazon

For Teens



Fire in My Heart, Ice in My Veins: A Guided Grief Journal for Teenagers and Young Adults

By Enid Traisman

The journal keeper can write letters, copy down meaningful lyrics, write songs and poems, tell the person who died what they want them to know, finish business and use their creativity to work through the grieving process.

Available for Purchase on Amazon

For additional grief resources or to contact us, please visit our website, www.LifeLinkFoundation.org/Donor-Family-Resources.